Tingri to Everest trekking

Tour code · SNOWLAND TRAVEL-006

10 days | Prepared 30 October 2026 • planning edition



Indicative price

Planning estimate CNY 16,600 / person

Planning estimate only: 6 paying travellers, twin share, locally rated four-star/comparable hotels in cities where available; simpler local lodging in remote areas. No hotel, vehicle or rate is reserved. Flights are extra. Train fares are included only when explicitly stated in the written quote. Confirm dates and services for a binding written quote.

Dates arranged on request; no confirmed departure or live availability is represented.

Indicative equivalents · USD 2,490.66 / TWD 80,859 / JPY 393,320

Frankfurter reference rates dated 2026-10-29

Route

Tingri · trekking stages · Everest

Journey highlights

Walk the high plateau towards the Everest region with a guide, rest days and confirmed overnight arrangements; trekking support is quoted separately.

Journey outline

Day 1 · Arrive in Lhasa: transfer and rest

Day 2 · Potala Palace, park and Barkhor

Day 3 · Drepung and Sera monasteries

Day 4 · Lhasa, Yamdrok, Gyantse and Shigatse

Day 5 · Tingri trekking preparation

Day 6 · Tingri to village camp

Day 7 · Village to valley camp

Day 8 · Valley to Everest approach pickup

Day 9 · Tashilhunpo and return to Lhasa

Day 10 · Depart Lhasa

Price & booking conditions

Agree airport/station transfers, licensed local transport, guide language, hotel list, daily meals, admissions and permit handling individually. Only services expressly included in your signed itinerary and quote are included; hotel stars do not imply heating or oxygen.

International and domestic flights, train fares, visas, insurance, single-room supplements, unlisted meals, personal spending, voluntary tips, porters/pack animals and evacuation costs unless expressly included.

Hotel names and room facilities require written confirmation. Remote and trekking nights may be basic; use the daily overnight notes rather than assuming a city standard throughout.

Plan with our Tibetan team

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Full route, enquiry and updated conditions

Snowland Travel · tour-11

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Private-group departure supplement

A supplement applies when travelling as a private party of family or friends, without sharing the group with other travellers. It is calculated separately according to party size, departure date, dedicated transport, guide, accommodation and agreed services, and is confirmed in the written quotation before booking. Automatic page estimates do not include this supplement. If the formal quote already covers a private departure, the included supplement will be identified and the same item will not be charged twice.