Shangri-La Monasteries, Villages & Nature · 6 days

Tour code · SNOWLAND TRAVEL-049

6 days | Prepared 30 October 2026 • planning edition



Indicative price

Planning estimate CNY 9,500 / person

Planning estimate only: 6 paying travellers, twin share, locally rated four-star/comparable hotels in cities where available; simpler local lodging in remote areas. No hotel, vehicle or rate is reserved. Flights are extra. Train fares are included only when explicitly stated in the written quote. Confirm dates and services for a binding written quote.

Dates arranged on request; no confirmed departure or live availability is represented.

Indicative equivalents · USD 1,425.38 / TWD 46,275 / JPY 225,093

Frankfurter reference rates dated 2026-10-29

Route

Shangri-La · Songzanlin · Pudacuo · Dukezong · Benzilan

Journey highlights

Stay based in Shangri-La for monasteries, old-town heritage, lakes and forests.

Day-by-day programme

Day 1

Transfer to your hotel after arrival. Prioritise rest on this high-altitude arrival day rather than packing in sightseeing.

Overnight · Shangri-La

Meals · At leisure

Day 2

Visit Songzanlin and public Napa Lake viewpoints. Adapt stairs and walking to health and avoid entering wetlands or private grazing land.

Overnight · Shangri-La

Meals · Breakfast, lunch & dinner

Day 3

Explore open lake and forest paths at Pudacuo, selecting shorter sections for travellers who prefer less walking.

Overnight · Shangri-La

Meals · Breakfast, lunch & dinner

Day 4

Make a day trip towards Benzilan. Visit Dongzhulin only after visitor access is confirmed, combining it with river landscapes.

Overnight · Shangri-La

Meals · Breakfast, lunch & dinner

Day 5

Walk Dukezong at an easy pace and, if arranged, visit a Nixi-area craft workshop. Listen to makers and ask about photography and purchases.

Overnight · Shangri-La

Meals · Breakfast, lunch & dinner

Day 6

Transfer to the agreed finishing point, such as the airport. Any free time depends on your flight and transfer schedule.

Overnight · Not included

Meals · Breakfast

Price & booking conditions

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We cross-check public operator references for comparable trips. Headline group prices are often based on three-star hotels, low season and exclusions; they do not establish the price of a private six-person programme.

Scope to confirm in the written quote

Agree airport/station transfers, licensed local transport, guide language, hotel list, daily meals, admissions and permit handling individually. Only services expressly included in your signed itinerary and quote are included; hotel stars do not imply heating or oxygen.

Normally quoted separately

International and domestic flights, train fares, visas, insurance, single-room supplements, unlisted meals, personal spending, voluntary tips, porters/pack animals and evacuation costs unless expressly included.

Hotel names and room facilities require written confirmation. Remote and trekking nights may be basic; use the daily overnight notes rather than assuming a city standard throughout.

Prepare for your journey

Travel at a gentle pace and allow acclimatisation. Seek medical advice before high-altitude travel; persistent or worsening symptoms require prompt medical assessment and no further ascent. Roads, weather, reservations and access rules may change the order or feasibility of visits. Religious ceremonies, clear mountain views and seasonal flowers cannot be guaranteed.

Plan with our Tibetan team

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Full route, enquiry and updated conditions

Snowland Travel · shangrila-monasteries-nature-tour

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Private-group departure supplement

A supplement applies when travelling as a private party of family or friends, without sharing the group with other travellers. It is calculated separately according to party size, departure date, dedicated transport, guide, accommodation and agreed services, and is confirmed in the written quotation before booking. Automatic page estimates do not include this supplement. If the formal quote already covers a private departure, the included supplement will be identified and the same item will not be charged twice.